

The Game of Life

DIRECTIONS

Life can have many ups and downs. In order to stay motivated, it helps to set some long-term goals, and then figure out the short-term goals that will help you get there. You'll have to stay motivated and work through obstacles along the way. Design a board game to illustrate one of your life dreams.

1. First, add a big life goal in the FINISH spot.
2. Add a short-term goal to each space outlined in orange. Your short-term goals should be steps that help you reach your long-term goal.
3. Add obstacles to the other squares with instructions like "Go back one square" or "Return to START." You can leave some spaces blank or color them in.
4. Find player pieces (or use pennies) and a dice from another game, and play your game with a friend. Can you reach your goal?

